

Gray Bear Lodge, TN

Advanced Lomi Lomi • May 27-31, 2013
Earns 32 CE's

Name _____
Address _____
City _____ State _____ Zip _____
Home Phone _____ Cell Phone _____
Email _____
Emergency Contact Name & Phone _____

Workshop cost includes accommodations, meals & training.
The rooms at Gray Bear are each beautiful and unique, please call us to determine which room is best suited to you.

Dorm Room - Share with up to 2 other people _____ \$1275
Shared Standard - Share with one other person _____ \$1325
Shared Premium - Share with one other person _____ \$1375
Private Standard _____ \$1425
Private Premium _____ \$1500
Early Arrival May 26th includes meals _____ \$110
Late Departure June 1st includes meals _____ \$110
Discount if you have attended Harbin _____ **-\$100**

TOTAL _____

YES, I have a massage table I'm willing to bring. _____

To Pay by Credit Card: _____ Visa _____ MC _____ Discover _____ Amex

Card Number _____ Expiration Date _____

Cardholder Name _____ Signature _____

Billing Address - If different than above _____

Amount Enclosed \$ _____ OR _____ \$200 deposit

_____ Please charge the remaining balance on _____

_____ I will pay the remaining balance by mail or by calling by May 12th, '13

I understand that this advanced practice training is an opportunity to deepen my practice of Lomi Lomi, experience the depth of my being and connect with like-hearted people. I also understand the "work" can be physically and emotionally challenging and I take full responsibility for my own being and setting my own boundaries. I understand that the watsu pool and hot tub may be clothing optional and that no alcohol or drugs are permitted on the property. I understand that if I cancel, my \$200 deposit will be held by Sacred Lomi for up to 2 years and can be used towards another workshop. However, if I cancel after May 19th, I risk losing my tuition. I have read and understand the registration policy.

Signature _____ Date _____

We will email you a welcome packet 2 weeks before the workshop.

Please make checks payable to: **Sacred Lomi**
PO Box 1206, Agoura Hills, CA 91376-1206
www.SacredLomi.com • aloha@sacredlomi.com (818) 865-8813

Harbin Hot Springs, CA

Advanced Lomi Lomi • October 12-16, 2013
Earns 32 CE's

Name _____
Address _____
City _____ State _____ Zip _____
Home Phone _____ Cell Phone _____
Email _____
Emergency Contact Name & Phone _____

Workshop cost includes indoor camping, meals & accommodations
Oct. 5-9, to stay over Oct. 4th or 9th please add \$42/ night

Dolphin • First Time to Harbin _____ \$1275
 Navigator • Returning to Harbin _____ \$1175
Early Arrival October 11th (indoor/outdoor camping) _____ \$45
Late Departure October 16th (indoor/outdoor camping) _____ \$45

TOTAL _____

YES, I have a massage table I'm willing to bring. _____

To Pay by Credit Card: _____ Visa _____ MC _____ Discover _____ Amex

Card Number _____ Expiration Date _____

Cardholder Name _____ Signature _____

Billing Address - If different than above _____

Amount Enclosed \$ _____ OR _____ \$200 deposit

_____ Please charge the remaining balance on _____

_____ I will pay the remaining balance by mail or by calling by Oct. 1st..

I understand that this advanced practice reunion is an opportunity to deepen my practice of Lomi Lomi, experience the depth of my being and connect with like-hearted people. I also understand the "work" can be physically and emotionally challenging and I take full responsibility for my own being and setting my own boundaries. I understand that the pools and hot tubs at Harbin are clothing optional and that no alcohol or drugs or cell phone usage are permitted on the property. I also understand that if I am choosing the "indoor camping" option, I will be sleeping in close proximity to others and agree to be respectful of their need for rest. I understand that if I cancel, my \$200 deposit will be held by Sacred Lomi for up to 2 years and can be used towards another workshop. However, if I cancel after Sept. 28th, I risk losing my tuition. I have read and understand the registration policy.

Signature _____ Date _____

We will email you a welcome packet 2 weeks before the workshop.

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Sacred Lomi



Advanced Lomi Lomi & Ho'oponopono



Gray Bear Lodge
Tennessee
May 27-31, '13



Harbin
Hot Springs
California
Oct 12-16, '13



Tom Cochran



Donna Jason

Sacred Lomi, LLC is an NCBTMB
Approved Provider #291111-00

Aloha 'Ohana,

Our **Advanced Training Reunions** have become an incredible gathering place for Sacred lomi practitioners to experience advanced work, learn from their peers, cultivate a deeper understanding of the spirit of lomi and ho'oponopono and most importantly renew their spirits.

From our hearts, we offer this space as a **tribal celebration**. We limit participation to those who have studied directly with us as a way of cultivating deep trust and connection with all who attend. Our intention is not to exclude anyone, but rather to invite people to come to the advanced course already aligned with one another and our teachings.

The pre-requisite is any 3 day, 4 day or longer course with Sacred Lomi. This cultivates trust and creates an opportunity for everyone to go further and deeper into the work without resistance.

Our experience has been that the advanced trainings are more life-changing than any other workshop we teach - primarily because there is such safety and trust in the groups that gather.

We have a vast, beautiful, international 'ohana of talented, heartfelt healers. Our advanced trainings offer them a chance to come together, learn more and most importantly support one another to grow, heal and find deeper alignment with the authenticity of their soul.

In 2013 we will hold Two Advanced Trainings:
May 27-31: Gray Bear Lodge, Tennessee
Oct 12-16: Harbin Hot Springs, California

Gray Bear Lodge is a beautiful family owned Holistic retreat center nestled in the rolling forests of the West Tennessee hills. Gourmet meals are prepared from local organic growers with love and sustainability. Nearby warm pools and a watsu pool offer incredible healing waters. Gray Bear has very limited cell phone reception.

Harbin Hot Springs is a remarkable facility in Northern California famous for its Watsu pools and land. The retreat center sits on 1600 acres with more than **50,000 gallons of mineral water** flowing daily from seven natural springs. The entire retreat center holds a gentle, heartfelt atmosphere, with clothing optional pools and no cell phone reception.

We look forward to seeing you there!

Many Blessings ~ Mahalo Nui Loa

Tom, Donna & Jonah

Gray Bear Lodge, TN • Details

Gray Bear Lodge, TN May 27-31, '13



Workshop Dates and Times

Begins: Monday May 27th at 4:00pm
Ends: Friday May 31st at 1:30 pm

You're welcome to arrive on the property as early as 1:00pm on Monday the 27th. Our first meal will be dinner that evening and our last meal will be lunch on Friday the 31st. Gray Bear is offering early arrival on May 26th at 4pm & late departure on June 1st at 11:00am. Please refer to the registration form for all pricing.

The Gray Bear Retreat Cost

includes all meals and your choice of accommodations. The rooms vary from private to shared to dorm and are all beautiful and unique. To choose your accommodations we recommend calling us so we can find the best fit for you.



The Food

The delicious, primarily organic meals begin with dinner May 27th. Breakfast, lunch and dinner are served each day until the 31st. On the 31st breakfast and lunch are included. For those arriving early and staying late, meals are included in the additional cost.

Spouses & Children

Due to limited rooms and available activities we recommend that you call us to discuss whether it is a good idea for your spouse or children to come.

Gray Bear Contact Information:

Gray Bear Lodge P.O. Box 682
Hohenwald, TN 38462 • www.graybear.org
Information: (615) 782-0469

Getting There

Nashville is the nearest airport. The drive from BNA (Nashville Airport) is about 2 hours.
Leaving the airport, I65 South is the route, which takes you to Gray Bear.

Brushing Up

If you haven't been to a workshop in a long time and need some reminders, remember our DVD's are available online at www.SacredLomi.com at the student price of \$84.00 + \$4.50 shipping for the set.

Harbin Hot Springs, CA October 12-16, '13



Workshop Dates and Times

Begins: Saturday October 12th at 5:00pm
Ends: Wednesday October 16th at 1:30pm

You're welcome to arrive on the property as early as noon on Saturday the 12th. Our first meal will be dinner that evening and our last meal will be lunch on Wednesday the 31st. Harbin is offering early arrival at 3:00pm on Friday Oct 11th & late departure Thursday Oct. 17th at 12noon. Please see the registration form for all pricing.

Harbin Hot Springs Retreat Cost

includes all meals and indoor or outdoor camping. Indoor camping means that you can **bring a sleeping bag** and sleep in the enclosed, carpeted conference center. Mats are provided by Harbin. Outdoor camping is available on the deck or the land. There are lockers and cubbyholes to store your belongings during the day and ample restrooms and showers.

Alternate Accommodations

You may also book a private room through Harbin. You qualify for 15% off because you're taking a workshop. These rooms must be booked through Harbin directly. **Booking an additional room does not change the workshop cost.**

The Food

The delicious meals provided with the workshop begin with dinner October 12th. Breakfast, lunch and dinner are served each day until the 16th. On the 16th, breakfast and lunch are included. Additional meals for early and late stays may be purchased at the Harbin Market or Cafe.



Spouses & Children

Spouses are welcome to join you at Harbin however we do recommend calling us to discuss the details. Many details are available on our website.

Harbin Contact information:

Harbin Hot Springs 18424 Harbin Springs Rd.
Middleton, Ca. 95461 • www.Harbin.org
Information & Reservations: (707) 987-2477

Getting There:

Harbin is about a 2 to 2 1/2 hour drive from 3 airports:
Sacramento (SMF), San Francisco (SFO)
& San Jose Airports (SJC).

For Ride Shares: post your request on our FaceBook page

Harbin Hot Springs, CA • Details