# November 8-10, '13 • Sacred Lomi • Atlanta

# This Three Day Workshop

is an experiential journey into the sacred art of Hawaiian Temple Bodywork, a unique form of Lomi Lomi and a rite of passage that weaves the principles of shamanic movement, sacred touch, flowing forearm techniques, aloha, awareness and intention into a complete system of hands-on healing.

### Participants will learn:

Lomi Lomi Forearm Techniques on Front and Back
Conscious Stretching & Alignment • Sacred Touch • Aloha
Shamanic Exercises • Self Care • Sacred Principles
History of Lomi Lomi • Creating Sacred Space
Exercises in Presence & Self Awareness
Movement & Dance for Embodying Healing Energy

# Participants Earn CEU's:

Participants Earn 24 NCBTMB CE's
Sacred Lomi is an NCBTMB Approved Provider #291111-00

## Hilton Garden Inn – Atlanta Perimeter Center 1501 Lake Hearn Drive, Atlanta, GA 30319 • 404-459-0500

Located 10 miles from downtown Atlanta.

Hotel amenities include high speed wireless internet, TV HBO, Indoor swimming pool and whirlpool, fintness center, 24 hour business center. Onsite restaurant that is open for breakfast, lunch and dinner.

Group Room Rate \$95/night plus tax. Book by October 25th.

"The best workshop I've taken in 15 years of bodywork. Aloha sprit and energy help open the heart. Thank you Tom & Donna."

-Z. Diamond, LMT, Boulder, CO"

"The beauty of this work moved me to tears. After 18 years of bodywork, it was like a homecoming to the origins of massage as a healing art."

A.E. LaSalle, Bodyworker, Workshop Presenter

"This training took my practice to a more sacred level of healing. The techniques performed have saved my hands and lengthened my career indefinitely."

-- J. Groom, LMT, Denver, CO

### **Tom Cochran**

is a master practitioner of Hawaiian Temple Bodywork. He has an extensive background in Hawaiian shamanism, yoga, dreamwork, movement, energy work, meditation, massage and group facilitation. Since 1991, Tom has traveled worldwide, teaching and offering sessions in Europe, Japan, Canada, Hawaii and across the United States.

Donna Jason

is a teacher, writer and filmmaker committed to the transformational power of the creative arts. She has an extensive background in theater, dance, creative visualization and healing through the emotional body.



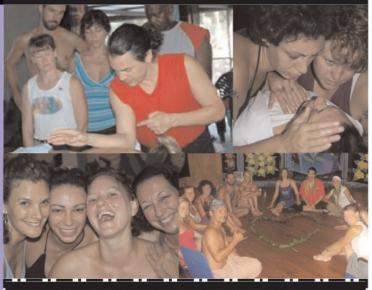
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"Your compassion to teach the ancient Lomi Lomi shines through the session. Your energy is infectious and your love is contagious.I hope to affect my massage clients in the same way." G. Stowers, Pilates Trainer, CMT

For more information please contact us:

# Sacred Lomi: Hawaiian Temple Bodywork

P. O. Box 1206 • Agoura Hills, CA 91376 (818) 865-8813 • www.SacredLomi.com • aloha@SacredLomi.com



# Atlanta, GA 🎔 Sacred Lomi

Name_					
Address				15	
City	State	:	_ Zip		
Day Phone	Work Phone				
Email					
Emergency Contact na	me and Phone:				
Workshop cost includes Course size is limited an					
Atlan	ıta • Noven	nber 8	-10, 13		
\$425 Early Re	gistration (paid	in full by	October 8, '13)		
\$450 Regular I	Registration (a	fter Octob	er 8, '13)		
Yes, I have a ma	assage table I'n ering, removable	_			
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\$75 deposit Pla	ease charge the remain	ning balance	by the early registra	tion deadline.	
I will pay the remaining	; balance by mail or by	calling in a	t a later date		

Registration Policy: A \$75 non-refundable deposit is required to reserve space in the workshop. Early registration prices will be honored only when full payment is made by October 8, 2013. Cancellations after October 30, '13 will forfeit their tuition.

Please make checks payable to:

Sacred Lomi, LLC P.O. Box 1206, Agoura Hills, CA 91376

### November 8-10, '13

Friday. Saturday & Sunday • 8:30am to 5:30pm each day Mahalo and we look forward to seeing you in Atlanta!