

November 8-10, '13 • Sacred Lomi • Atlanta

This Three Day Workshop

is an experiential journey into the sacred art of Hawaiian Temple Bodywork, a unique form of Lomi Lomi and a rite of passage that weaves the principles of shamanic movement, sacred touch, flowing forearm techniques, aloha, awareness and intention into a complete system of hands-on healing.

Participants will learn:

Lomi Lomi Forearm Techniques on Front and Back
Conscious Stretching & Alignment • Sacred Touch • Aloha
Shamanic Exercises • Self Care • Sacred Principles
History of Lomi Lomi • Creating Sacred Space
Exercises in Presence & Self Awareness
Movement & Dance for Embodying Healing Energy

Participants Earn CEU's:

Participants Earn 24 NCBTMB CE's

Sacred Lomi is an NCBTMB Approved Provider #291111-00

Hilton Garden Inn – Atlanta Perimeter Center

1501 Lake Hearn Drive, Atlanta, GA 30319 • 404-459-0500

Located 10 miles from downtown Atlanta.

Hotel amenities include high speed wireless internet, TV HBO, Indoor swimming pool and whirlpool, fitness center, 24 hour business center. Onsite restaurant that is open for breakfast, lunch and dinner.

Group Room Rate \$95/night plus tax. Book by October 25th.

"The best workshop I've taken in 15 years of bodywork. Aloha spirit and energy help open the heart. Thank you Tom & Donna."
-Z. Diamond, LMT, Boulder, CO"

"The beauty of this work moved me to tears. After 18 years of bodywork, it was like a homecoming to the origins of massage as a healing art."
A.E. LaSalle, Bodyworker, Workshop Presenter

"This training took my practice to a more sacred level of healing. The techniques performed have saved my hands and lengthened my career indefinitely."

-- J. Groom, LMT, Denver, CO



Tom Cochran

is a master practitioner of Hawaiian Temple Bodywork. He has an extensive background in Hawaiian shamanism, yoga, dreamwork, movement, energy work, meditation, massage and group facilitation. Since 1991, Tom has traveled worldwide, teaching and offering sessions in Europe, Japan, Canada, Hawaii and across the United States.

Donna Jason

is a teacher, writer and filmmaker committed to the transformational power of the creative arts. She has an extensive background in theater, dance, creative visualization and healing through the emotional body.



"Your compassion to teach the ancient Lomi Lomi shines through the session. Your energy is infectious and your love is contagious. I hope to affect my massage clients in the same way." G. Stowers, Pilates Trainer, CMT

For more information please contact us:

Sacred Lomi: Hawaiian Temple Bodywork

P. O. Box 1206 • Agoura Hills, CA 91376

(818) 865-8813 • www.SacredLomi.com • aloha@SacredLomi.com



ATLANTA, GA ♥ SACRED LOMI

Name _____

Address _____

City _____ State _____ Zip _____

Day Phone _____ Work Phone _____

Email _____

Emergency Contact name and Phone: _____

Workshop cost includes Trainings Only. Accommodations & Meals are Separate. Course size is limited and may fill. Please register early to guarantee your space.

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_____ \$425 Early Registration (paid in full by October 8, '13)

_____ \$450 Regular Registration (after October 8, '13)

_____ **Yes, I have a massage table I'm willing to bring. Tables must have vinyl covering, removable headrests and legs that adjust.**

TO PAY BY CREDIT CARD: ___ VISA ___ MC ___ DISCOVER ___ AMEX

Card Number _____ Expiration _____

Cardholder Name _____ Signature _____

Billing Address - if different from above _____

Amount Enclosed: _____ \$425 by early reg. deadline _____ \$450 after OR

_____ \$75 deposit _____ Please charge the remaining balance by the early registration deadline.

_____ I will pay the remaining balance by mail or by calling in at a later date

Registration Policy: A \$75 non-refundable deposit is required to reserve space in the workshop. Early registration prices will be honored only when full payment is made by October 8, 2013. Cancellations after October 30, '13 will forfeit their tuition. Please make checks payable to:

Sacred Lomi, LLC
P.O. Box 1206, Agoura Hills, CA 91376

November 8-10, '13

Friday, Saturday & Sunday • 8:30am to 5:30pm each day

Mahalo and we look forward to seeing you in Atlanta!