

May 22-25, '14 • Lomi Lomi in Chicago, Illinois

This Four Day Workshop

is a journey into the art of Sacred Lomi, a unique form of transformational Lomi Lomi that weaves the principles of sacred touch, flowing forearm techniques, aloha, presence, awareness and intention into a complete system of hands-on healing. This course is for new students and previous students who are ready to refine their skills and deepen their practice.

Participants will learn:

Lomi Lomi Forearm Techniques on Front and Back
Conscious Stretching & Alignment • Sacred Touch • Aloha
Shamanic Exercises • Self Care • Sacred Principles
History of Lomi Lomi • Creating Sacred Space
Exercises in Presence & Self Awareness
Movement & Dance for Embodying Healing Energy

Participants Earn 32 NCBTMB CE's

Sacred Lomi is a NCBTMB Approved Provider #291111-0

Workshop Location

Hampton Inn & Suites Chicago - North Shore / Skokie
5201 Old Orchard Road, Skokie Illinois 60077
847-583-1111 / northshoresuites.hamptoninn.com
Should you need accommodations the Hampton Inn is 15 mile from
Chicago O'Hare Airport. \$139 per night for Sacred Lomi.

Alternate Hotel: Extended Stay America- Chicago / Skokie
800-804-3724 / extendedstayamerica.com/hotels/il/chicago/skokie
Offering full kitchen that shares parking lot with the Hampton Inn.
Rates approximately \$90 per night

"The best workshop I've taken in 15 years of bodywork. Aloha sprit and energy help open the heart. Thank you Tom & Donna"
- Z Diamond, LMT, Boulder, CO

"The beauty of this work moved me to tears. After 18 years of bodywork, it was like a homecoming to the origins of massage as a healing art."
A.E. LaSalle, Bodyworker, Workshop Presenter



Tom Cochran

is a master practitioner of Sacred Lomi. He has an extensive background in Hawaiian shamanism, yoga, dreamwork, movement, energy work, meditation, massage and group facilitation. Since 1991, Tom has traveled worldwide, teaching and offering sessions in Europe, Japan, Canada, Hawaii and across the United States. His passion is supporting people to deepen their awareness and live more authentically.

Donna Jason

is an actress, writer and teacher committed to the transformational power of the creative arts. She has an extensive background in theater, dance, creative visualization and healing through the emotional body. Donna's passion is to support people to allow more joy, freedom & truth in their lives.



"This training took my practice to a more sacred level of healing. The techniques have saved my hands and lengthened my career indefinitely." -- J. Groom, LMT, Denver, CO



For more information please contact us:

Sacred Lomi:

P. O. Box 1206 • Agoura Hills, CA 91376
(818) 865-8813 • www.SacredLomi.com • aloha@SacredLomi.com



CHICAGO, IL ♥ SACRED LOMI

Name _____
Address _____
City _____ State _____ Zip _____
Day Phone _____ Work Phone _____
Email _____
Emergency Contact name and Phone: _____

*Workshop cost includes Trainings Only. Accommodations & Meals are Separate.
Course size is limited and may fill. Please register early to guarantee your space.*

Chicago • May 22nd - 25th, '14

\$575 Early Registration (paid in full by April 22nd, '14)

\$625 Regular Registration (paid after April 22nd, '14)

Yes, I have a massage table I'm willing to bring. Tables must have vinyl covering, removable headrests and adjustable height.

TO PAY BY CREDIT CARD: VISA MC DISCOVER AMEX

Card Number _____ Expiration _____

Cardholder Name _____ Signature _____

Billing Address - if different from above _____

Amount Enclosed: \$575.00 OR \$100.00 deposit

I will pay the remaining balance by mail or by calling in at a later date

Please charge the remaining balance on this date _____

Registration Policy: A \$100 non-refundable deposit is required to reserve space in the workshop. Early registration prices will be honored only when full payment is made by April 22nd, '14. Cancellations after May 14th, 2014 will forfeit their tuition.

Please make checks payable to:

Sacred Lomi, LLC
P.O. Box 1206, Agoura Hills, CA 91376

May 22-25, '14

Thursday through Sunday
8:30am to 5:30pm (one hour lunch each day)

We look forward to seeing you in Chicago!
Tom & Donna