

May 28-31, '15 • Lomi Lomi in Chicago, Illinois

This Four Day Workshop

is an experiential journey into the art of Sacred Lomi, a unique form of transformational Lomi Lomi that weaves the principles of sacred touch, flowing forearm techniques, aloha, presence, awareness and intention into a complete system of hands-on healing. This course is for new students and students who are ready to refine their skills and deepen their practice.

Participants will learn:

Lomi Lomi Forearm Techniques on Front and Back
Conscious Stretching & Alignment • Sacred Touch • Aloha
Flowing Forearm Techniques • Shamanic Exercises • Self Care
History of Lomi Lomi • Sacred Principles • Sacred Space
Ho'oponopono • Exercises in Presence & Self Awareness
Movement for opening the healing energies within

Participants Earn CEU's:

Participants Earn 32 NCBTMB CE's

Sacred Lomi is a NCBTMB Approved Provider #291111-00

Workshop Location

Hampton Inn & Suites Chicago - North Shore / Skokie
5201 Old Orchard Road, Skokie Illinois 60077

847-583-1111 / www.northshoresuites.hamptoninn.com

Should you need accommodations the Hampton Inn is 15 mile from Chicago O'Hare Airport. Offers Complimentary Breakfast, Free High Speed Internet, Exercise Room, Pool, & Whirlpool
\$139 per night for Sacred Lomi.

"The best workshop I've taken in 15 years of bodywork. Aloha spirit and energy help open the heart. Thank you Tom & Donna"
- Z Diamond, LMT, Boulder, CO

"The beauty of this work moved me to tears. After 18 years of bodywork, it was like a homecoming to the origins of massage as a healing art."
A.E. LaSalle, Bodyworker, Workshop Presenter

"This training took my practice to a more sacred level of healing. The techniques performed have saved my hands and lengthened



Tom Cochran

is a master practitioner of Hawaiian Temple Bodywork. He has an extensive background in Hawaiian shamanism, yoga, dreamwork, movement, energy work, meditation, massage and group facilitation. Since 1991, Tom has traveled worldwide, teaching and offering sessions in Europe, Japan, Canada, Hawaii and across the United States.

Donna Jason

is an actress, writer and teacher committed to the transformational power of the creative arts. She has an extensive background in theater, dance, creative visualization and healing through the emotional body.



my career indefinitely." -- J. Groom, LMT, Denver, CO

"Your compassion to teach the ancient Lomi Lomi shines through the session. Your energy is infectious and your love is contagious. I hope to affect my massage clients in the same

For more information please contact us:

Sacred Lomi:

Hawaiian Temple Bodywork

P. O. Box 1206 • Agoura Hills, CA 91376

(818) 865-8813 • www.SacredLomi.com • aloha@SacredLomi.com



CHICAGO, IL ♥ SACRED LOMI

Name _____
Address _____
City _____ State _____ Zip _____
Day Phone _____ Work Phone _____
Email _____
Emergency Contact name and Phone: _____

Workshop cost includes Trainings Only. Accommodations & Meals are Separate. Course size is limited and may fill. Please register early to guarantee your space.

Chicago • May 28th - 31st, '15

_____ \$575 Registration (paid in full by April 28th, '15)

_____ \$625 Registration (paid after April 28th, '15)

_____ Yes, I have a massage table I'm willing to bring. Tables must have vinyl covering, removable headrests and adjustable height.

To PAY BY CREDIT CARD: VISA MC DISCOVER AMEX

Card Number _____ Expiration _____
Cardholder Name _____ Signature _____

Billing Address - if different from above _____

Amount Enclosed: _____ \$575.00 OR _____ \$100.00 deposit

_____ I will pay the remaining balance by mail or by calling in at a later date

_____ Please charge the remaining balance on this date _____

Registration Policy: A \$100 non-refundable deposit is required to reserve space in the workshop. Cancellations after May 18th, 2015 will forfeit their tuition.

Please make checks payable to:

Sacred Lomi, LLC
P.O. Box 1206, Agoura Hills, CA 91376

May 28-31, '15

Thursday through Sunday

8:30am to 5:30pm (one hour lunch each day)

We look forward to seeing you in Chicago!