

March 20-22, '15 • Lomi Lomi in San Diego, CA

This Three Day Workshop

is an experiential journey into the art of Sacred Lomi, a unique form of transformational Lomi Lomi that weaves the principles of sacred touch, flowing forearm techniques, aloha, presence, awareness and intention into a complete system of hands-on healing. This course is for new students and students who are ready to refine their skills and deepen their practice.

Participants will learn:

Lomi Lomi Forearm Techniques on Front and Back
Conscious Stretching & Alignment • Sacred Touch • Aloha
Flowing Forearm Techniques • Shamanic Exercises • Self Care
History of Lomi Lomi • Sacred Principles • Sacred Space
Exercises in Presence & Self Awareness
Movement & Dance for Embodiment Healing Energy

Participants Earn 24 NCBTMB CE's

Sacred Lomi is a NCBTMB Approved Provider #291111-00
(Florida, Texas & Most other States Approved)

Workshop Location

DoubleTree Resort by Hilton Hotel San Diego
14455 Penasquitos Drive, San Diego, CA 92129
858-672-9100

Beautiful hotel with pools, wireless internet, private balcony or patio in all rooms, on-site restaurant and fitness facility. Free Parking.
Group Rate for Sacred Lomi is \$114+ tax.

"The best workshop I've taken in 15 years of bodywork. Thank you Tom & Donna" - Z Diamond, LMT, Boulder, CO

"The beauty of this work moved me to tears. After 18 years of bodywork, it was like a homecoming to the origins of massage as a healing art."
A.E. LaSalle, Bodyworker, Workshop Presenter

"This training took my practice to a more sacred level of healing. The techniques performed have saved my hands and lengthened my career indefinitely." - J. Groom, LMT, Denver, CO



Tom Cochran

is a master practitioner of Hawaiian Temple Bodywork. He has an extensive background in Hawaiian shamanism, yoga, dreamwork, movement, energy work, meditation, massage and group facilitation. Since 1991, Tom has traveled worldwide, teaching and offering sessions in Europe, Japan, Canada, Hawaii and across the United States.

Donna Jason

is a teacher, writer and filmmaker committed to the transformational power of the creative arts. She has an extensive background in theater, dance, creative visualization and healing through the emotional body.



"Your compassion to teach the ancient Lomi Lomi shines through the session. Your energy is infectious and your love is contagious. I hope to affect my massage clients in the same way."
G. Stowers, Pilates Trainer, CMT



For more information please contact us:

Sacred Lomi:
Hawaiian Temple Bodywork

P. O. Box 1206 • Agoura Hills, CA 91376
(818) 865-8813 • www.SacredLomi.com • aloha@SacredLomi.com



SAN DIEGO, CA ♥ SACRED LOMI

Name _____
Address _____
City _____ State _____ Zip _____
Day Phone _____ Work Phone _____
Email _____
Emergency Contact name and Phone: _____

Workshop cost includes Trainings Only. Accommodations & Meals are Separate. Course size is limited and may fill. Please register early to guarantee your space.

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_____ \$425 Early Registration (paid in full by February 20, '15)

_____ \$450 Regular Registration (after February 20, '15)

_____ **Yes, I have a massage table I'm willing to bring. Tables must have vinyl covering, removable headrests and legs that adjust.**

TO PAY BY CREDIT CARD: ___ VISA ___ MC ___ DISCOVER ___ AMEX

Card Number _____ Expiration _____
Cardholder Name _____ Signature _____

Billing Address - if different from above _____

Amount Enclosed: _____ \$425 Early Registration _____ \$450 Regular Registration
_____ \$75 deposit _____ Please charge the remaining balance by the early registration deadline.
_____ I will pay the remaining balance by mail or by calling in at a later date

Registration Policy: A \$75 non-refundable deposit is required to reserve space in the workshop. Cancellations after March 6th, 2015 will forfeit their tuition.
Please make checks payable to:

Sacred Lomi, LLC
P.O. Box 1206, Agoura Hills, CA 91376

March 20-22, '15
Friday through Sunday
8:30am to 5:30pm (one hour lunch each day)

We look forward to seeing you in San Diego!
Tom & Donna