

# May 23 -25, '16 • Sacred Lomi in Cocoa Beach, Florida

## This Three Day Workshop

is an experiential journey into the sacred art of Sacred Lomi, a unique form of Lomi Lomi and a rite of passage that weaves the principles of shamanic movement, sacred touch, flowing forearm techniques, aloha, awareness and intention into a complete system of hands-on healing.

### Participants will learn:

Lomi Lomi Forearm Techniques on Front and Back  
Conscious Stretching & Alignment • Sacred Touch • Aloha  
Flowing Forearm Techniques • Shamanic Exercises • Self Care  
History of Lomi Lomi • Sacred Principles • Sacred Space  
Ho'oponopono • Exercises in Presence & Self Awareness  
Movement for opening the healing energies within

### Participants Earn CEU's:

Participants Earn 24 Florida State & 24 NCBTMB CE's  
Sacred Lomi's NCBTMB Provider #291111-00, FL State #50-13699

### Workshop Location

#### Courtyard Cocoa Beach-Cape Canaveral

3435 N. Atlantic Ave, Cocoa Beach, FL 32831

321-784-4800 • [www.CourtyardCocoaBeach.com](http://www.CourtyardCocoaBeach.com)

Located on Cocoa Beach, 200 yards from the Ocean, minutes from Kennedy Space Center and Orlando's Attractions. Includes free wifi, fitness center, mineral pool, whirlpool and onsite restaurant. For workshop hotel: Sacred Lomi Group room rate \$119 / night plus tax. Booking Code: Corporate (by 4/22/16)  
There are many other hotel options nearby for overnight accommodation

*"Sacred Lomi was by far the best CEU that I have taken. Lomi Lomi enriched not only my practice and my teaching, but my life as well."*  
~ J. Bratcher, LMT

*"I left the 3rd day of training confident in my LomiLomi skills and believing I could charge for a session without any hesitation on my part."*  
~ Brenda B, LMT

*"Sacred Lomi changed my life in many ways and restored my love of massage after 20 years and a lot of burn out."* ~ Eldonna L., LMT



### Tom Cochran

is a master practitioner of Hawaiian Temple Bodywork. He has an extensive background in Hawaiian shamanism, yoga, dreamwork, movement, energy work, meditation, massage and group facilitation. Since 1991, Tom has traveled worldwide, teaching and offering sessions in Europe, Japan, Canada, Hawaii and across the United States.



### Donna Jason

is a writer, filmmaker and teacher committed to the transformational power of the creative arts. She has an extensive background in theater, dance, production, creative visualization and healing through the emotional body.



*"The beauty, the breath, the sacred space you taught me to hold for myself and others, the energy and transformational healing that I've experienced alongside many people has been phenomenal and I am forever grateful to you both."* ~ Bev S., Nevada

For more information please contact us:

**Sacred Lomi:**  
**Hawaiian Temple Bodywork**

P. O. Box 1206 • Agoura Hills, CA 91376

(818) 865-8813 • [www.SacredLomi.com](http://www.SacredLomi.com) • [aloha@SacredLomi.com](mailto:aloha@SacredLomi.com)



## COCOA BEACH, FL ♥ SACRED LOMI

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Day Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Email \_\_\_\_\_

Emergency Contact name and Phone: \_\_\_\_\_

*Workshop cost includes Trainings Only. Accommodations & Meals are Separate.  
Course size is limited and may fill. Please register early to guarantee your space.*

### Cocoa Beach • May 23-25, '16

\_\_\_\_\_ \$425 Early Registration (paid in full by April 23, '16)

\_\_\_\_\_ \$450 Regular Registration (after April 23 '16)

\_\_\_\_\_ Yes, I have a massage table I'm willing to bring. Tables must have vinyl covering, removable headrests and legs that adjust.

TO PAY BY CREDIT CARD: \_\_\_\_\_ VISA \_\_\_\_\_ MC \_\_\_\_\_ DISCOVER \_\_\_\_\_ AMEX

Card Number \_\_\_\_\_ Expiration \_\_\_\_\_

Cardholder Name \_\_\_\_\_ Signature \_\_\_\_\_

Billing Address - if different from above \_\_\_\_\_

Amount Enclosed: \_\_\_\_\_ \$425 by early reg. deadline \_\_\_\_\_ \$450 after OR

\_\_\_\_\_ \$75 deposit \_\_\_\_\_ Please charge the remaining balance by the early registration deadline.

\_\_\_\_\_ I will pay the remaining balance by mail or by calling in at a later date

**Registration Policy:** A \$75 non-refundable deposit is required to reserve space in the workshop. Early registration prices will be honored only when full payment is made by April 23, '16. Cancellations after May 13th, '16 will forfeit their tuition.

**Please make checks payable to:**

**Sacred Lomi, LLC**

**P.O. Box 1206 • Agoura Hills, CA 91376**

**May 23-25, '16**

Monday, Tuesday & Wednesday • 8:30am to 5:30pm each day

*Mahalo and we look forward to seeing you in Cocoa Beach!*