

April 29-May 1, '16 • Lomi Lomi in San Diego, CA

This Three Day Workshop

is an experiential journey into the art of Sacred Lomi, a unique form of transformational Lomi Lomi that weaves the principles of sacred touch, flowing forearm techniques, aloha, presence, awareness and intention into a complete system of hands-on healing. This course is for new students and students who are ready to refine their skills and deepen their practice.

Participants will learn:

Lomi Lomi Forearm Techniques on Front and Back
 Conscious Stretching & Alignment • Sacred Touch • Aloha
 Flowing Forearm Techniques • Shamanic Exercises • Self Care
 History of Lomi Lomi • Sacred Principles • Sacred Space
 Exercises in Presence & Self Awareness
 Movement & Dance for Embodying Healing Energy

Participants Earn 24 NCBTMB CE's

Sacred Lomi is a NCBTMB Approved Provider #291111-00
 (Florida, Texas & Most other States Approved)

Workshop Location

DoubleTree Resort by Hilton Hotel San Diego
 14455 Penasquitos Drive, San Diego, CA 92129
 858-672-9100

Beautiful hotel with pools, wireless internet, private balcony or patio in all rooms, on-site restaurant and fitness facility. Free Parking.
 Group Rate for Sacred Lomi is \$129 + tax.

"The best workshop I've taken in 15 years of bodywork. Thank you Tom & Donna" - Z Diamond, LMT, Boulder, CO

"The beauty of this work moved me to tears. After 18 years of bodywork, it was like a homecoming to the origins of massage as a healing art." A.E. LaSalle, Bodyworker, Workshop Presenter

"This training took my practice to a more sacred level of healing. The techniques performed have saved my hands and lengthened my career indefinitely." - J. Groom, LMT, Denver, CO



Tom Cochran

is a master practitioner of Hawaiian Temple Bodywork. He has an extensive background in Hawaiian shamanism, yoga, dreamwork, movement, energy work, meditation, massage and group facilitation. Since 1991, Tom has traveled worldwide, teaching and offering sessions in Europe, Japan, Canada, Hawaii and across the United States.

Donna Jason

is a teacher, writer and filmmaker committed to the transformational power of the creative arts. She has an extensive background in theater, dance, creative visualization and healing through the emotional body.



"Your compassion to teach the ancient Lomi Lomi shines through the session. Your energy is infectious and your love is contagious. I hope to affect my massage clients in the same way."
 G. Stowers, Pilates Trainer, CMT



For more information please contact us:

Sacred Lomi:
Hawaiian Temple Bodywork

P. O. Box 1206 • Agoura Hills, CA 91376
 (818) 865-8813 • www.SacredLomi.com • aloha@SacredLomi.com



SAN DIEGO, CA ♥ SACRED LOMI

Name _____
 Address _____
 City _____ State _____ Zip _____
 Day Phone _____ Work Phone _____
 Email _____
 Emergency Contact name and Phone: _____

Workshop cost includes Trainings Only. Accommodations & Meals are Separate. Course size is limited and may fill. Please register early to guarantee your space.

San Diego • April 29-May 1, '16

_____ \$425 Early Registration (paid in full by March 29, '16)
 _____ \$450 Regular Registration (after March 29, '16)
 _____ **Yes, I have a massage table I'm willing to bring. Tables must have vinyl covering, removable headrests and legs that adjust.**

TO PAY BY CREDIT CARD: VISA MC DISCOVER AMEX

Card Number _____ Expiration _____
 Cardholder Name _____ Signature _____

Billing Address - if different from above _____

Amount Enclosed: _____ \$425 Early Registration _____ \$450 Regular Registration
 _____ \$75 deposit _____ Please charge the remaining balance by the early registration deadline.
 _____ I will pay the remaining balance by mail or by calling in at a later date

Registration Policy: A \$75 non-refundable deposit is required to reserve space in the workshop. Cancellations after April 19th, 2016 will forfeit their tuition.
Please make checks payable to:

Sacred Lomi, LLC
P.O. Box 1206, Agoura Hills, CA 91376

April 29-May 1st, '16
 Friday through Sunday
 8:30am to 5:30pm (one hour lunch each day)

We look forward to seeing you in San Diego!
Tom & Donna