

September 9-11, '16 • Lomi Lomi in Agoura Hills, CA

This Three Day Workshop

is an experiential journey into the art of Sacred Lomi. This style of Lomi Lomi weaves the principles of movement, sacred touch, flowing forearm techniques, aloha, awareness and intention into a complete system of hands-on healing.

Participants will learn:

Lomi Lomi Forearm Techniques on Front and Back
Conscious Stretching & Alignment • Sacred Touch • Aloha
Flowing Forearm Techniques • Shamanic Exercises • Self Care
History of Lomi Lomi • Principles of Huna & Ho'oponopono
Sacred Space • Exercises in Presence & Self Awareness

Participants Earn 24 NCBTMB CEU's

Sacred Lomi is a NCBTMB Approved Provider #291111-00

Workshop Location

Homewood Suites / next to new Trader Joe's

28901 Canwood Street, Agoura Hills, CA

818-865-1000 / www.hwsagourahills.com

Next to Trader Joe's at the 101 Hwy & Kanan Rd.

This new hotel offers all amenities, breakfast included.

Sleeping Room Discount Code: Sacred Lomi / \$169 per night

Other Hotel Nearby: GoodNite Inn Calabasas

26557 Agoura Road Calabasas, CA 91302 (818)880-6000

"The best workshop I've taken in 15 years of bodywork. Aloha sprit and energy help open the heart. Thank you Tom & Donna"
- Z Diamond, LMT, Boulder, CO

"The beauty of this work moved me to tears. After 18 years of bodywork, it was like a homecoming to the origins of massage as a healing art."
A.E. LaSalle, Bodyworker, Workshop Presenter

"This training took my practice to a more sacred level of healing. The techniques performed have saved my hands and lengthened my career indefinitely." - J. Groom, LMT, Denver, CO



Tom Cochran

is a master practitioner of Sacred Lomi. He has an extensive background in Hawaiian shamanism, yoga, dreamwork, movement, energy work, meditation, massage and group facilitation. Since 1991, Tom has traveled worldwide, teaching and offering sessions in Europe, Japan, Canada, Hawaii and across the United States.

Donna Jason

is a writer, teacher and film-maker committed to the transformational power of the creative arts. She has an extensive background in theater, dance, creative visualization and healing through the emotional body.



"Your compassion to teach the ancient Lomi Lomi shines through the session. Your energy is infectious and your love is contagious. I hope to affect my massage clients in the same way." G. Stowers, Pilates Trainer, CMT



For more information please contact us:

Sacred Lomi:

Hawaiian Temple Bodywork

P. O. Box 1206 • Agoura Hills, CA 91376

(818) 865-8813 • www.SacredLomi.com • aloha@SacredLomi.com



AGOURA HILLS, CA ♥ SACRED LOMI

Name _____
Address _____
City _____ State _____ Zip _____
Day Phone _____ Work Phone _____
Email _____
Emergency Contact name and Phone: _____

Workshop cost includes Trainings Only. Accommodations & Meals are Separate. Course size is limited and may fill. Please register early to guarantee your space.

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_____ \$425 Early Registration (by August 9th, '16)

_____ \$450 Regular Registration (after August 9th, '16)

_____ **Yes, I have a massage table I'm willing to bring. Tables must have vinyl covering, removable headrests and legs that adjust**

TO PAY BY CREDIT CARD: _____ VISA _____ MC _____ DISCOVER _____ AMEX

Card Number _____ Expiration _____

Cardholder Name _____ Signature _____

Billing Address - if different from above _____

Amount Enclosed: _____ \$425 OR _____ \$75 deposit

_____ I will pay the remaining balance by mail or by calling in at a later date

Registration Policy: A \$75 non-refundable deposit is required to reserve space in the workshop. Cancellations after September 1st, 2016 will forfeit their tuition.

Please make checks payable to:

Sacred Lomi, LLC

P.O. Box 1206, Agoura Hills, CA 91376

September 9-11, '16

Friday through Sunday

8:30am to 5:30pm (one hour lunch each day)

We look forward to seeing you in CA!