

August 3-6, '17 • Sacred Lomi® in Chicago, Illinois

This Four Day Workshop

is an experiential journey into the art of Sacred Lomi®, a unique form of transformational Lomi Lomi that weaves the principles of sacred touch, flowing forearm techniques, aloha, presence, awareness and intention into a complete system of hands-on healing. This course is for new students and students who want to refine their skills and deepen their practice.

Participants will learn:

Lomi Lomi Forearm Techniques on Front and Back
Conscious Stretching & Alignment • Sacred Touch • Aloha
Flowing Forearm Techniques • Shamanic Exercises • Self Care
History of Lomi Lomi • Sacred Principles • Sacred Space
Ho'oponopono • Exercises in Presence & Self Awareness
Movement for opening the healing energies within

Participants Earn 32 NCBTMB CE's:

Sacred Lomi® is a NCBTMB Approved Provider #291111-00

Workshop Location

Hampton Inn & Suites - Chicago North Shore / Skokie
5201 Old Orchard Road, Skokie Illinois 60077

847-583-1111 / www.northshoresuites.hamptoninn.com

The Hampton Inn is 15 mile from Chicago O'Hare Airport. They offer Complimentary Breakfast, Free WiFi, Exercise Room. Pool. & Whirlpool
\$169 per night for Sacred Lomi.

Alternate Accommodations: Extended Stay America

55211 Old Orchard Rd. | Skokie, IL 600778

847-663-9031 / sko@extendedstay.com

Extended Stay is next door to the Hampton Inn workshop hotel and offers full kitchens. Rates fluctuate but start at \$95 per night.

"The best workshop I've taken in 15 years of bodywork. Aloha spirit and energy help open the heart. Thank you Tom & Donna"

- Z Diamond, LMT, Boulder, CO

"The beauty of this work moved me to tears. After 18 years of bodywork, it was like a homecoming to the origins of massage as a healing art."

A.E. LaSalle, Bodyworker, Workshop Presenter



Tom Cochran

is a master practitioner of Hawaiian Temple Bodywork. He has an extensive background in Hawaiian shamanism, yoga, dreamwork, movement, energy work, meditation, massage and group facilitation. Since 1991, Tom has traveled worldwide, teaching and offering sessions in Europe, Japan, Canada, Hawaii and across the United States.

Donna Jason

is an actress, writer and teacher committed to the transformational power of the creative arts. She has an extensive background in theater, dance, creative visualization and healing through the emotional body.



"This training took my practice to a more sacred level of healing. The techniques performed have saved my hands and lengthened my career indefinitely."

-- J. Groom, LMT, Denver, CO



For more information please contact us:

Sacred Lomi:
Hawaiian Temple Bodywork

P. O. Box 1206 • Agoura Hills, CA 91376

(818) 865-8813 • www.SacredLomi.com • aloha@SacredLomi.com



CHICAGO, IL ♥ SACRED LOMI

Name _____

Address _____

City _____ State _____ Zip _____

Day Phone _____ Work Phone _____

Email _____

Emergency Contact name and Phone: _____

Workshop cost includes Trainings Only. Accommodations & Meals are Separate. Course size is limited and may fill. Please register early to guarantee your space.

Chicago • August 3rd - 6th, '17

\$575 Early Registration (paid in full by July 3rd, '17)

\$600 Regular Registration (paid after July 3rd, '17)

Yes, I have a massage table I'm willing to bring. Tables must have vinyl covering, removable headrests and adjustable height.

TO PAY BY CREDIT CARD: ☐ VISA ☐ MC ☐ DISCOVER ☐ AMEX

Card Number _____ Expiration _____

Cardholder Name _____ Signature _____

Billing Address - if different from above _____

Amount Enclosed: ☐ \$575.00 OR ☐ \$100.00 deposit

☐ I will pay the remaining balance by mail or by calling in at a later date

☐ Please charge the remaining balance on this date _____

Registration Policy: A \$100 non-refundable deposit is required to reserve space in the workshop. Should you need to cancel, your deposit will be held as a credit for up to two years. Cancellations after July 27th, 2017 will forfeit their tuition.

Please make checks payable to:

Sacred Lomi, LLC

P.O. Box 1206, Agoura Hills, CA 91376

August 3-6, '17

Thursday through Sunday

8:30am to 5:30pm (one hour lunch each day)

We look forward to seeing you in Chicago!

Tom & Donna