

# July 19-22, '18 • Sacred Lomi® in Chicago, Illinois

## This Four Day Workshop

is an experiential journey into the art of Sacred Lomi®, a unique form of transformational Lomi Lomi that weaves the principles of sacred touch, flowing forearm techniques, aloha, presence, awareness and intention into a complete system of hands-on healing. This course is for new students and students who want to refine their skills and deepen their practice.

### Participants will learn:

Lomi Lomi Forearm Techniques on Front and Back  
Conscious Stretching & Alignment • Sacred Touch • Aloha  
Flowing Forearm Techniques • Shamanic Exercises • Self Care  
History of Lomi Lomi • Sacred Principles • Sacred Space  
Ho'oponopono • Exercises in Presence & Self Awareness

### Participants Earn 32 NCBTMB CE's:

Sacred Lomi® is a NCBTMB Approved Provider #291111-00

### Workshop Location

Holiday Inn Chicago North - Evanston  
1501 Sherman Ave., Evanston, IL, 60201  
847-491-6400- / www.ihg.com

The Holiday Inn is 15 miles from Chicago O'Hare Airport. They offer Free WiFi, Exercise Room. Heated Outdoor Pool and onsite restaurant as well as many shops and restaurants just outside the door.

Room rate for Sacred Lomi is \$149 plus tax booked by 6/19/18

### Alternate Accommodations: Extended Stay America

55211 Old Orchard Rd. | Skokie, IL 600778  
847-663-9031 / sko@extendedstay.com

Extended Stay is 5 miles from the Holiday Inn workshop hotel and offers full kitchens. Rates fluctuate but start at \$95 per night.

*"The best workshop I've taken in 15 years of bodywork. Aloha sprit and energy help open the heart. Thank you Tom & Donna"*  
- Z Diamond, LMT, Boulder, CO

*"The beauty of this work moved me to tears. After 18 years of bodywork, it was like a homecoming to the origins of massage as a healing art."*  
A.E. LaSalle, Bodyworker, Workshop Presenter



### Tom Cochran

is a master practitioner of Hawaiian Temple Bodywork. He has an extensive background in Hawaiian shamanism, yoga, dreamwork, movement, energy work, meditation, massage and group facilitation. Since 1991, Tom has traveled worldwide, teaching and offering sessions in Europe, Japan, Canada, Hawaii and across the United States.

### Donna Jason

is an actress, writer and teacher committed to the transformational power of the creative arts. She has an extensive background in theater, dance, creative visualization and healing through the emotional body.



*"This training took my practice to a more sacred level of healing. The techniques performed have saved my hands and lengthened my career indefinitely."*

-- J. Groom, LMT, Denver, CO



For more information please contact us:

## Sacred Lomi:

### Hawaiian Temple Bodywork

P. O. Box 1206 • Agoura Hills, CA 91376  
(818) 865-8813 • www.SacredLomi.com • aloha@SacredLomi.com



## CHICAGO, IL ♥ SACRED LOMI

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Day Phone \_\_\_\_\_ Work Phone \_\_\_\_\_  
Email \_\_\_\_\_  
Emergency Contact name and Phone: \_\_\_\_\_

*Workshop cost includes Trainings Only. Accommodations & Meals are Separate. Course size is limited and may fill. Please register early to guarantee your space.*

### Chicago • July 19-22, '18

\_\_\_\_\_ \$575 Early Registration (paid in full by July 5th, '18)

\_\_\_\_\_ \$600 Regular Registration (paid after July 5th, '18)

\_\_\_\_\_ Yes, I have a massage table I'm willing to bring. Tables must have vinyl covering, removable headrests and adjustable height.

TO PAY BY CREDIT CARD:  VISA  MC  DISCOVER  AMEX

Card Number \_\_\_\_\_ Expiration \_\_\_\_\_

Cardholder Name \_\_\_\_\_ Signature \_\_\_\_\_

Billing Address - if different from above \_\_\_\_\_

Amount Enclosed: \_\_\_\_\_ \$575.00 OR \_\_\_\_\_ \$100.00 deposit

\_\_\_\_\_ I will pay the remaining balance by mail or by calling in at a later date

\_\_\_\_\_ Please charge the remaining balance on this date \_\_\_\_\_

**Registration Policy:** A \$100 non-refundable deposit is required to reserve space in the workshop. Should you need to cancel, your deposit will be held as a credit for up to two years. Cancellations after July 12th, 2018 will forfeit their tuition.

Please make checks payable to:

**Sacred Lomi, LLC**  
P.O. Box 1206, Agoura Hills, CA 91376  
July 19-22, '18

Thursday through Sunday  
8:30am to 5:30pm (one hour lunch each day)

*We look forward to seeing you in Chicago!*  
**Tom & Donna**