



Transformation through Touch

COCOA BEACH, FL • April 23-25, 2024



EARN 24 CE'S through NCBTMB

"The beauty of this work moved me to tears. After 18 years of bodywork, it was like a homecoming to the origins of massage as a healing art." A.E. LaSalle, Bodyworker, Workshop Presenter

"This training took my practice to a more sacred level of healing. The techniques performed have saved my hands and lengthened my career indefinitely." J. Groom, LMT, Denver, CO

Sacred Lomi

PO Box 1206
Agoura Hills, CA 91376-1206
(818) 865-8813 • aloha@sacredlomi.com
www.sacredlomi.com

This Three Day Workshop

is an experiential journey into the art of Sacred Lomi®, a unique form of transformational Lomilomi that weaves the principles of sacred touch, flowing forearm techniques, aloha, presence, awareness and intention into a complete system of hands-on healing. This course is for new students and students who want to refine their skills and deepen their practice.

Participants will learn

Lomilomi Forearm Techniques, Prone and Supine Conscious Stretching & Alignment • Sacred Touch Aloha • Flowing Forearm Techniques • Self Care History of Lomilomi • Sacred Principles • Sacred Space Ho'oponopono • Exercises in Presence & Self Awareness Grounding • Boundaries • Adapting the work for Spas



Participants Earn 24 NCBTMB CE's

Sacred Lomi® is a NCBTMB Approved Provider #291111-00

Workshop Location Country Inn & Suites

9009 Astronaut Blvd, Cape Canaveral, FL 32920
321-784-8500
www.countryinn.com/portcanaveralfl

The Country Inn & Suites features a pool, free hot breakfast, free wireless internet and amini-fridge in room. A few minutes from the beach. Group rate for Sacred Lomi \$129 plus tax until 3/22/23. Visit our website for the booking link.



Tom Cochran is the founder of Sacred Lomi. He has been facilitating workshops for over 25 years. Tom's life-long passion is supporting others to heal, to connect with their authentic power and to deepen their self awareness. He has an extensive background in Native teachings, Hawaiian Temple Bodywork, Yoga, Meditation, Dreamwork and Somatic Experiencing.

Donna Jason

is the co-founder of Sacred Lomi. As a writer, screen-writer, and healer, she is dedicated to uplifting the human spirit in all her endeavors. She has an extensive background in screenwriting, theater, dance, creative visualization, and healing through the emotional body. Donna wrote and created the Hawaiian Healing Intention Cards and the Sacred Lomi DVDs.



COCOA BEACH REGISTRATION

April 23-25, 2024

Workshop cost includes Trainings Only. Accommodations & Meals are Separate. Please register early to guarantee your space.

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_

Home Phone \_\_\_\_\_

Other Phone \_\_\_\_\_

\_\_\_\_\_ \$645 Pay in Full

\_\_\_\_\_ \$100 Deposit (\$545 Balance due April 16, 24)

\_\_\_\_\_ \$475 Return Student Pay in Full

\_\_\_\_\_ Yes, I have a massage table I'm willing to bring.

Tables must have vinyl covering, removable headrests and adjustable height.

To Pay by Credit Card:

\_\_\_\_\_ Visa \_\_\_\_\_ MC \_\_\_\_\_ Discover \_\_\_\_\_ AMEX

Card holder name \_\_\_\_\_

Credit Card Number \_\_\_\_\_ Exp. Date \_\_\_\_\_

Signature \_\_\_\_\_

Billing address if different from above \_\_\_\_\_

Amount Enclosed: \_\_\_\_\_ \$645.00 pay in full

\_\_\_\_\_ \$475 return student OR \_\_\_\_\_ \$100.00 deposit

\_\_\_\_\_ I will contact you to pay the balance by 4/16/24

\_\_\_\_\_ Please charge the remaining balance on 4/16/24

Registration Policy: A \$100 non-refundable deposit is required to reserve space in the workshop. Should you need to cancel, your deposit will be held as a credit for up to two years. Cancellations after 4/16/24 will forfeit their tuition. I understand that I must follow all safety guidelines recommended during the workshop.

Please make checks payable to:

Sacred Lomi, LLC

P.O. Box 1206, Agoura Hills, CA 91376

April 23-25, 24 • Tuesday thru Thursday
8:30am to 5:30pm (one hour lunch each day)

I have read and understand the registration policy.

signature / date \_\_\_\_\_

We look forward to seeing you in Cocoa Beach!