## The Mountain • Highlands, NC

Advanced Sacred Lomi • Oct. 21-25, 2024 • 32 CE's \*Pre-requisite Sacred Lomi Home Study Course or a Sacred Lomi Workshop

Name	-		
Address			
City	State	Zip _	
Home Phone	Cell	Phone	
Email			
Emergency Contact N	lame & Phone		
Workshop cost includes			
Private RoomLodgeCabin  Shared Room - Shared with 1 other person  Discount if you've attended an Advanced Training			\$1895
Shared Room - Shared with 1 other person Discount if you've attended an Advanced Training			\$1495
Discount if you've attended	1 an Advanced Ti	raining _	\$100
Early Arrival: October 2			
You will be in the same a			
Shared _	+\$85	Private_	+\$140
	TO	OTAL	s
YES, I have a massage to	able I'm able to	bring	;
To Pay by Credit Card:	_ Visa MC	Discover	Amex
Card Number		E	piration Date
Cardholder Name		Signature	
Billing Address - If different tha	an above		
Amount Enclosed \$	OR	\$200 deposi	t
Please charge the rema			
I will pay the remaining	ng balance by mail	or by calling by	y Oct. 7, '24
I understand that this advance my practice of Sacred Lomi, with like-hearted people. I al.	experience the dep	oth of my being "work" can be	and connect

I understand that this advanced practice training is an opportunity to deepen my practice of Sacred Lomi, experience the depth of my being and connect with like-hearted people. I also understand the "work" can be physically and emotionally challenging and I take full responsibility for my own being and setting my own boundaries. I understand that no alcohol or drugs are permitted on the property. I understand that if I cancel, my \$200 deposit will be held by Sacred Lomi for up to 2 years and can be used towards another workshop. However, if I cancel after Oct. 7, 24 I risk losing my tuition. I have read and understand the registration policy.

Signature	Date

We will email you a welcome packet 2 weeks before the workshop.

Please make checks payable to: Sacred Lomi
PO Box 1206, Agoura Hills, CA 91376-1206
www.SacredLomi.com • aloha@sacredlomi.com (818) 865-8813

## The Mountain Retreat & Learning Center

Highlands, NC

This Advanced Sacred Lorni Retreat is designed to help you deepen your practice, receive from other advanced practitioners and elevate your gifts as a Sacred Lomi practitioner.

The incredibly screne and uplifting energy of The Mountain Retreat, nestled in the majestic mountain forest of North Carolina, is an incredible place for transformation and life changing reflection.

At the Mountain Advanced Retreat, we slow down and focus on:

- Refinement of Sacred Lomi runs and techniques
- Aloha Holding a space of love and acceptance for self and others
- **Ho'oponopono** Cultivating alignment with self and others
- Ho'olohe Deep Listening
- Ho'omālamalama Deep nurturing and restoration
- **Ho'omaluhia** Cultivating peace within ourselves and in our relationships
- Aho Deepening breath-work and its support of our life and practice
- 'Ike Bringing awareness to our perspective and how it influences life
- **Po** Delving into the great mystery of who we are through dreams, meditation and journeys
- Pule Bringing intention, chant and prayer into our sessions and life



Facilitators: Tom Cochran & Donna Jason

