



Transformation through Touch

NEW ORLEANS, LA • Oct. 6-8, 2024



EARN 24 CE'S through NCBTMB

"The beauty of this work moved me to tears. After 18 years of bodywork, it was like a homecoming to the origins of massage as a healing art." A.E. LaSalle, Bodyworker, Workshop Presenter

"This training took my practice to a more sacred level of healing. The techniques performed have saved my hands and lengthened my career indefinitely." J. Groom, LMT, Denver, CO

Sacred Lomi

PO Box 1206

Agoura Hills, CA 91376-1206

(818) 865-8813 • aloha@sacredlomi.com

www.sacredlomi.com

This Three Day Workshop

is an experiential journey into the art of Sacred Lomi®, a unique form of transformational Lomilomi that weaves the principles of sacred touch, flowing forearm techniques, aloha, presence, awareness and intention into a complete system of hands-on healing. This course is for new students and students who want to refine their skills and deepen their practice.

Participants will learn

Lomilomi Forearm Techniques, Prone and Supine Conscious Stretching & Alignment • Sacred Touch Aloha • Flowing Forearm Techniques • Self Care History of Lomilomi • Sacred Principles • Sacred Space Ho'oponopono • Exercises in Presence & Self Awareness Grounding • Boundaries • Adapting the work for Spas



Participants Earn 24 NCBTMB CE's

Sacred Lomi® is a NCBTMB Approved Provider #291111-00

Workshop Location

Hampton Inn & Suites New Orleans/Elmwood 5150 Mounes Street, Harahan, LA 70123 504-733-5646 • www.hilton.com

The Hampton Inn offers free hot breakfast, free WiFi, free parking, free fitness center and an outdoor pool. Restaurants are nearby and the French Quarter is just 10 miles away.

Sacred Lomi Group Rate is \$139/night plus tax. Rooms must be booked by 9/13/24.

Booking Code is: SLO

Visit www.sacredlomi.com for booking link.



Tom Cochran is the founder of Sacred Lomi. He has been facilitating workshops for over 25 years. Tom's life-long passion is supporting others to heal, to connect with their authentic power and to deepen their self awareness. He has an extensive background in Native teachings, Hawaiian Temple Bodywork, Yoga, Meditation, Dreamwork and Somatic Experiencing.

Kim Konopaski

is an advanced teacher of Sacred Lomi and a practitioner since '09. She is a business owner and yoga instructor trained in Deep Tissue, Injury Treatment massage, Trigger Point, Cupping, Hot Stone and Swedish massage. Kim brings a deep, heart-felt approach, technical knowledge, vast experience and limitless compassion.



NEW ORLEANS REGISTRATION

October 6-8, 2024

Workshop cost includes Trainings Only. Accommodations & Meals are Separate. Please register early to guarantee your space.

Name _____

Address _____

City _____

State _____ Zip _____

Email _____

Home Phone _____

Other Phone _____

_____ \$645 Pay in Full

_____ \$100 Deposit (\$545 Balance due Sept.30, 24)

_____ \$475 Return Student Pay in Full

_____ Yes, I have a massage table I'm willing to bring.

Tables must have vinyl covering, removable headrests and adjustable height.

To Pay by Credit Card:

___ Visa ___ MC ___ Discover ___ AMEX

Card holder name _____

Credit Card Number _____ Exp. Date _____

Signature _____

Billing address if different from above _____

Amount Enclosed: ___ \$645.00 pay in full

___ \$475 return student OR ___ \$100.00 deposit

___ I will contact you to pay the balance by 9/30/24

___ Please charge the remaining balance on 9/30/24

Registration Policy: A \$100 non-refundable deposit is required to reserve space in the workshop. Should you need to cancel, your deposit will be held as a credit for up to two years. Cancellations after 9/30/24 will forfeit their tuition. I understand that I must follow all safety guidelines recommended during the workshop.

Please make checks payable to:

Sacred Lomi, LLC

P.O. Box 1206, Agoura Hills, CA 91376

October 6-8, 2024 • Sunday thru Tuesday 8:30am to 5:30pm (one hour lunch each day)

I have read and understand the registration policy.

signature / date _____

We look forward to seeing you in New Orleans!